

# International Conference on Sarcopenia Research in Asia

Date: June 20, 2014

Venue: Taipei International Convention Center, Room 102

Host: Aging and Health Research Center, National Yang Ming University; Center for Geriatrics and Gerontology, Taipei Veterans General Hospital; Taiwan Association of Integrated Care

Time	Topic	Speaker	Moderator
09:00-09:30	Age-related changes in skeletal muscle mass among community0dwelling Japnese – a 12-year longitudinal study	Prof. Hiroshi Shimokata Graduate School of Nutritional Sciences, Nagoya University of Arts and Sciences, JAPAN	Prof Liang-Kung Chen Center for Geriatrics and Gerontology, Taipei Veterans General Hospital, Taipei, TAIWAN
09:30-10:00	Association of cognitive impairment, depressive symptoms and sarcopenia among older healthy men in the veterans retirement community in southern Taiwan	Dr. Ming-Yueh Chou Geriatric Medicine Center, Kaohsiung Veterans General, Kaohsiung, TAIWAN	
10:00-10:30	Age-associated decline of muscle mass, grip strength and gait speed – a four-year longitudinal study of 3018 community-dwelling older Chinese	Dr. Shun Wah Jenny Lee The S.H.Ho Center for Gerontology and Geriatrics, the Chinese University of Hong Kong, HONG KONG	
10:30-10:45	Coffee Break		
10:45-11:15	Comprehensive assessment for physical performance in Chinese elderly	Prof. Teimei Zhang Beijing Institute of Geriatrics, Beijing, CHINA	Prof. Jean-Pierre Michel International Sarcopenia Initiative European Union of Geriatric Medicine Societies
11:15-11:45	Age-dependent changes in skeletal muscle mass and visceral fat area in Japanese adults from 40-79 years of age	Prof. Hidenori Arai Department of Human Health Sciences, Kyoto University, JAPAN	
11:45-12:15	The cut-off points of quadriceps strength, declines, and relationships of sarcopenia-related variables among Thai community-dwelling older people	Prof. Prasert Assantachai Department of Preventive and Social Medicine, Faculty of Medicine, Siriraj Hospital, Mahidol University, THAILAND	
12:15-13:00	Luncheon symposium Herpes Zoster Vaccine and Disability Prevention		

13:00-13:30	Epidemiology of sarcopenia among community-dwelling older adults in Taiwan: a pooled analysis for a borader adoption of sarcopenia assessments	Dr. I-Chien Wu Institute of Population Health Sciences, National Health Research Institute, TAIWAN	Prof. Chang Won Won Department of Family Medicine, Kyung Hee University, SOUTH KOREA
13:30-14:00	Prevalence and associated factors of sarcopenia and severe sarcopenia in older Taiwanese living in the rural community: the Tianliao Older People (TOP) study	Dr. Chih-Hsing Wu Department of Family Medicine, Cheng-Kung University Hospital, TAIWAN	
14:00-14:30	The use of alfalcaldiol therapy in osteoporotic patients with sarcopenia may increase muscle mass: an investigation using a patient database	Prof. Sadayuki Ito Department of Orthopedic Surgery, National Center for Geriatrics and Gerontology, Obu, JAPAN	
14:30-15:00	The application of segmental bioelectrical impedance spectroscopy to the assessment of sarcopenia in the elderly	Prof Yosuke Yamada Department of Sports and Health Science, Kyoto Prefectural University of Medicine, JAPAN	
15:00-15:15	Coffee Break		
15:00-15:45	Using two different algorithms to determine the prevalence of sarcopenia – from Japanese perspectives	Dr. Sung Chul Lee National Center for Geriatrics and Gerontology, Obu, JAPAN	Prof Hidenori Arai Department of Human Health Sciences, Kyoto University, Japan
15: 45-16:45	Sarcopenia research: the global perspectives	Prof. Jean-Pierre Michel International Sarcopenia Initiative Group	
16:45-17:30	After the development of sarcopenia diagnostic consensus in Asia. What's next?	All participants	
17:30	Closing ceremony		